



Regenerative Agriculture Workshop

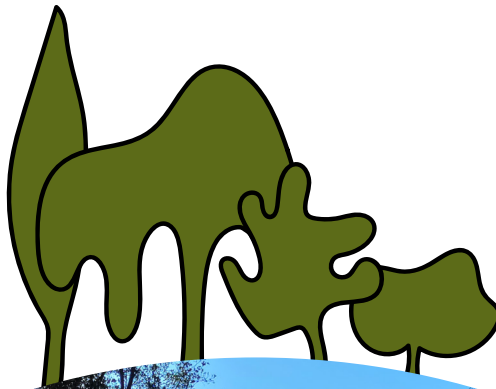
April 2
Pedrogão Pequeno
10h - 17h
50€

The objective of this workshop is to share an ecological vision through regenerative agriculture, initiating the path of awareness and implementation techniques on the field.

This agricultural practice follows the laws of nature and aims to create forests, starting with restoring the soil, planting in density and diversity (trees, shrubs, vegetables, flowers and spontaneous plants). Enhancing the sustainability of food production and maintenance of natural resources, from small gardens to farms.

The topics we will cover are:
Soil regeneration
Natural succession
Function of plants
Cycles - species in time
Stratification - species in space
Agroforestry nest

This learning moment brings theoretical, intuitive and practical notions, in the end the participants will be able to design, feel and apply their own cultivation system. We will do some dynamics to bring us to presence, belonging and awakening the 5 senses. As well as the implementation of several nests and agroforestry examples.



Up soil health
Planting
Food

Nature dynamics
Ecosystem
Intuition



Apply or ask us for more details to dobosqueprojeto@gmail.com